

# CHURCH OF THE MAGDALENE

## 2023 LENTEN BULLETIN INSERT

**Lent** is a season for growth in our spiritual lives. Nourished during this season of prayer, strengthened by the discipline of fasting, stretched by our generous almsgiving and by participating in the varied Lenten activities here in the parish, we will be ready to blossom into the new life of Easter.

**ASH WEDNESDAY, February 22nd:** Ashes will be distributed at the following Masses: 8:00 a.m. and 12:05 p.m. Ashes will also be distributed during the following Church Prayer Services 4:00 p.m. and 7:00 p.m.

**LENTEN WEEKDAY MASS SCHEDULE:** Monday - Friday 8:00 A.M.

**STATIONS OF THE CROSS:** On Friday evenings beginning at 7:00 p.m. on February 24, March 3, 10 and 24. The Stations of the Cross will include Exposition of the Blessed Sacrament, a brief Scripture Reflection and Benediction. Stations will be geared toward the children of the parish on March 17 and 31.

**LENTEN COMPANION:** Copies of the *Word Among Us: Praying with Jesus* are available in the back of the church. This companion includes the Catholic Mass Readings and Daily Meditations.

**RECONCILIATION:** In addition to our regular schedule, we will join the Archdiocesan-wide celebration of the Sacrament by offering Confessions on Monday, April 3, from 4:00 - 8:00 pm.

### RETREATS:

- a) For the Women of the Parish: *Walking With Purpose* is a journey to discover how much we are loved, and how the Gospels are deeply relevant to our relationships with God and with those we love. This six-week program, *Living in the Father's Love*, will commence on February 19.
- b) For the Men of the Parish there is a weekend retreat for quiet prayer, reflection, talks and God's grace. The theme is: "Lent and the Eucharistic Revival". It begins on Friday, March 10th and goes through Sunday, March 12th at Don Bosco Retreat Center, Stony Point. Contact [196clips@gmail.com](mailto:196clips@gmail.com) for further details.
- c) A Morning of Prayer consisting of *The Seven Last Words* will be held for parishioners on Saturday, March 25.

**TENEBRAE/MORNING PRAYER:** will be held during the Sacred Triduum of Holy Week on April 6-8. Begin the solemn days of Holy Thursday, Good Friday and Holy Saturday by participating in the Office of Readings, Psalms and the Lamentations of Jeremiah at 9:00 a.m.

**LENTEN SOUP SUPPER:** Friday, March 31 from 5:00 - 7:00 p.m. in the Weaver Parish Hall. The menu will consist of Vegetable soup or New England clam chowder, (macaroni and cheese for children) rolls and butter, and water. This humble meal helps us to focus our attention on the purpose of fasting. The cost per person is \$10 for adults and \$7 for children. The proceeds will benefit our Lenten Charity, The Life Center. The Life Center opened its doors in June of 1995 with the goal of responding to the needs of women and children living in Sleepy Hollow and Tarrytown.

**PARISH ALMSGIVING PROGRAM:** Through your monetary gift to the Life Center, you will be helping to provide services to children and families in our community. Mite boxes will be distributed to ALL children in our Religious Education Program and extras can be found in the back of the church. Also, the poor box will remain in the center aisle until Easter Sunday to receive your alms.

### REGULATIONS FOR LENT

Fasting prescribes that only one full meal a day be eaten. Two smaller meals may be taken to maintain strength but the two taken together should not equal another full meal. Fasting obligates us from the 18th to the 59th birthday. Abstinence does not allow the eating of meat. Abstinence obligates us from the 14th birthday on. Ash Wednesday and Good Friday are days of fast and abstinence. All Fridays of Lent are days of abstinence. Those who work or whose health would be impaired may be excused from fasting and abstinence. Individual conscience should decide a proper cause for excuse.

